

Easy 1, 2, 3 steps



1. Prepare herb mixture

Bema's Celestial Moxa SJT powder is clinically-tested to be minimally irritating or blistering. Simply add fresh ginger juice or hot water (*our Celestial Moxa is pre-mixed with ginger powder) to form cookie-dough-like texture, then roll mixture into small pieces to fit in the center of the patch.

2. Embed to patch

Place in the center of Bema's Celestial Moxa SJT Patch. (The non-woven fabric and medical adhesive are hypo-allergenic and sweat/humidity resistant; enhanced with the padding-ring, messy trans-leakage or side-leakage are avoided.)



3. Apply to Acu-Points

For respiratory conditions, points commonly chosen are DaZhui (GV 14), FengMen (BL 12), FeiShu (BL 13), and ShenShu (BL 23). The general application duration for adults is 2~6 hours, while for children it is 0.5~2 hours. To clean up any residue on the skin, please gently rinse with clean water and avoid cleansers that may irritate the skin. (Apply moisturizing, anti-microbial and anti-inflammatory cream as needed)



Ingredients:

Xi Xin (*Herba Asari*), Bai Jie Zi (*Semen Sinapis*), Gan Sui (*Radix Kansui*), Yuan Hu (*Rhizoma Corydalis*), Gan Jiang (*Rhizoma Zingiberis*)
* add fresh Ginger juice (*Rhizoma Zingiberis*)

Celestial Moxa herbs are acrid, warm, channeling, and anti-asthmatic - to course the meridians and collaterals, warm Yang and expel concealed coldness.

2017 Winter Dates

3 Application sessions in Winter

2017 Winter-San Jiu Tie Days:

2017.12.22 The beginning (1st Night)

2017.12.31 The middle (2nd Night)

2018.01.09 The end (3rd Night)

The time is right for seasonal patch therapy!

The **San Jiu Days** are the coldest days of winter. During this time, the body's pores are closed off and Yang energy is at its lowest. This is the best time to utilize San Jiu Tie to warm the channels and expel coldness from the body.

Treatment is traditionally performed on the first day of each of the "**San Jiu Days**" for a total of 3 consecutive applications. With regards to patient appointments scheduling, applications can often be performed on nearby days as well. However, an interval of 7~10 days should be maintained between the 3 consecutive applications.

To strengthen and consolidate the effects, Celestial Moxa is often repeated on the "**San Jiu Days**" in the winter to even better treat and/or prevent **hay fever, asthma, cold & flu, allergic rhinitis, and chronic bronchitis.**



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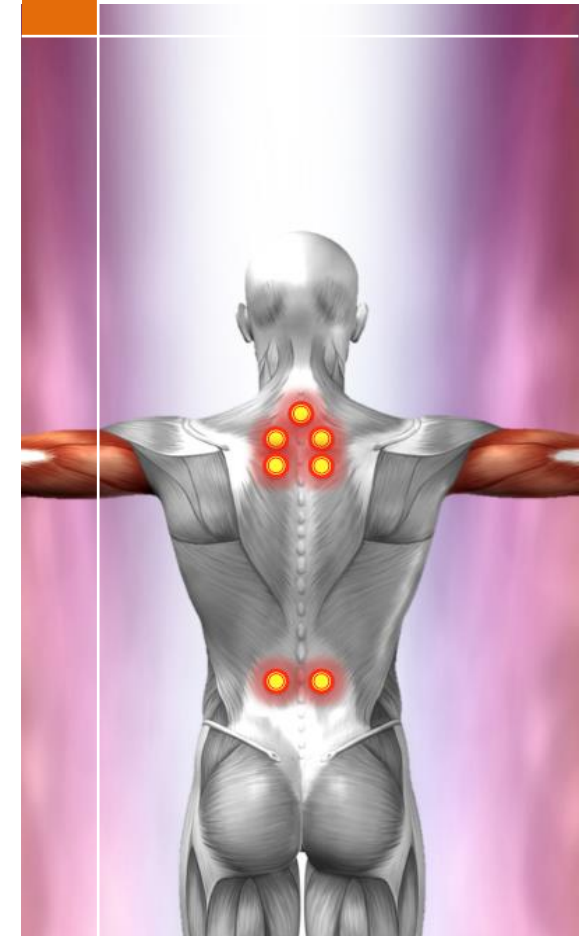
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Bema Celestial Moxa[®] (San Jiu Tie)

~ for Asthma & Allergy

Easy Herbal Patches to naturally regulate the body's immune system



Notes for SJT patch therapy

1. Celestial Moxa SJT powder is for external topical use only, and should be stored air-tight, away from heat, moisture or direct light.
2. Patient should refrain from strenuous activities, perspiration, and direct exposure to drafts or air-conditioning while patches are on the back.
3. Throughout the treatment course of the 3 consecutive sessions: cold, raw, greasy, and salty foods should be avoided as they may reduce treatment effect; cigarettes, alcohol, seafood, spiciness, beef and lamb should also be avoided to prevent stimulation of blisters forming.
4. For patients who are weak or chronically ill, the dosage should be lowered and duration should be kept shorter – special attention should be taken to observe any condition changes or adverse reactions.
5. According to patient's sensitivity, body condition, and duration of application, certain skin reactions such as local redness, heat sensation, light prickling, or minor blistering may occur. These generally do not require special attention and will heal on its own. (In rare cases, large rashes or vesicles may develop, and cautions should be taken to prevent infections.)
6. For individuals who are allergic to adhesives, medical bandages or gauze can be used instead.
7. For some patients, the site of application may sometimes retain hyperpigmentation and look slightly darker for a short period of time.

It is important to know that San Jiu Tie is not endorsed as a cure and please be aware that there may be underlying causes that continue to set off the condition. It is intended as a natural alternative treatment option to steroids and current medications; patients with chronic conditions currently taking medication should not replace their treatment abruptly and must consult their physician or healthcare provider before making adjustments.



Ward off Winter ills - seasonal, cold, or chronic disorders

Our approach to health and wellbeing is to strengthen and maintain the body's immune system to prevent any future illness. "Tian Jiu (Celestial Moxa)", "San Jiu Tie (patch)", or "San Fu Jiu (moxibustion)" is a significant theory of **preventive medicine** that has been passed down and practiced for generations.

According to the principle from **Su Wen**: "Si Qi Tiao Shen Lun" (Simple Questions: "Treatise on the Four Qi & Regulating the Spirit"), one may "reinforce the Yang in winter" through the external application of herbal patches to specific points on the body. The correct Qi may be invigorated to defend against pathogenic factors and in turn, treat and prevent conditions that commonly occur in winter.

Celestial Moxa - San Jiu Tie is most ideal for treating common winter ills such as **hay fever, allergic rhinitis, chronic bronchitis, asthma, and allergies**. This is suitable for individuals with a deficient and cold body constitution, who commonly notice **aversion to cold, aversion to wind, or is prone to catching colds frequently during the winter cold seasons**. Clinical research shows that after 3 consecutive years of application, 80% of patients experience reduced occurrences of cold/flu in the winter and improved relief from allergies and hay fever during the spring season.

Safe . Painless . Effective . Convenient.

Bema's Celestial Moxa (San Jiu Tie) Kit

Item	Content			
S01	SJT Powder	50 g / bottle	Please contact us for most current pricing and promotional sales	Buy 3 bottles or more and receive 15% off
S02	SJT Patch	25 pcs / pack		Buy 10 packs Get 1 Free
S03	SJT Combo Kit	50 g / bottle + 150 patches		50 g powder + 63 g water or ginger juice makes around 180~210 pieces; usually 5~8 patches (~2 g powder + 3 g liquid) are used per patient per visit. This kit can be used for about 21 ~36 sessions, depends on 5 or 7 points in each session.



Caution: For external topical use only, avoid contact with the eyes or mucous membranes. Do not apply on open wounds or damaged skin. Use only as recommended. Discontinue use if excessive irritation of the skin develops. Stop use and consult a doctor if condition worsens, or symptoms persist for more than 7 days. Stop use and ask a doctor if nausea, vomiting, abdominal discomfort, diarrhea or skin rash occurs. Use with caution for patients with diabetes, hematological diseases, hypertension, cardiovascular and cerebrovascular diseases, hepatorenal dysfunction, bronchiectasis, malignant tumor, AIDS, T.B., or other infectious diseases. Monitor with caution during pregnancy or nursing, and with children less than 2 years of age.